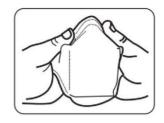
# **CareFIT™ MSK-004 FITTING INSTRUCTIONS - DONNING**



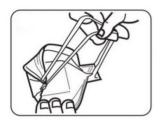
### STEP 1

Always perform hand hygiene before handling the respirator.



#### STEP 2

Separate the top and bottom panels to form a cup shape. Hold the mask in one hand with the open side towards face. The nosepiece represents the top of the respirator.



### STEP 3

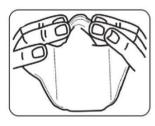
Use index finger and thumb to part the two headbands. Hold mask under chin and pull the two headbands over head. Release the lower head band at the back of your neck and position the upper head band on the crown of your head. The straps must not be twisted



## STEP 4

Hold respirator under your chin and pull headband over your head. Release the lower headband at the bask of your neck and position the upper headband on the crown of your head.

### **FIT CHECK INSTRUCTIONS**



#### STEP 5

Using both hands, mould nosepiece to shape the lower part of the nose to ensure a close fit and good seal



To ensure seal of the mask, a fit check should be performed before entering workplace.

Cover the front of the respirator with both hands — being careful not to disturb the fit of the respirator and inhale sharply.

If air leaks around nose, readjust and tighten the nose piece. If air leaks around mask edges, reposition headband for better fit.

### **MSK-004 RESPIRATOR MASK DOFFING**



#### STEP 1

After use and prior to handling a worn respirator, wash your hands.



#### STEP 3

Wash your hands again.



#### STEP 2

Remove the respirator by holding each head band and pulling it over your head. Discard used respirator.

